

Celebrating IDAHOBIT



- 1 Create** an open and safe space
- 2 Learn** together
- 3 Ensure** your discussion is age appropriate
- 4 Celebrate** diversity
- 5 Normalise** pronoun use
- 6 Be a** good listener
- 7 Lead** by example
- 8 Acknowledge** their concerns

The International Day Against Homophobia, Biphobia, Intersexism, and Transphobia (IDAHOBIT) emphasises the importance of educating children about diversity and inclusivity.

IDAHOBIT is celebrated annually on May 17 and serves as a global day to promote tolerance and combat discrimination against the LGBTIQ+ community. It was established in 2004 to mark the removal of homosexuality from the International Classification of Diseases by the World Health Organisation.

It's important that we all play a crucial role in guiding children to respect and accept people of all sexual orientations and gender identities. Recognising IDAHOBIT helps families send a strong message against discrimination, underlining the value of diversity and the harmful impacts of stereotypes and prejudices.

It is through creating inclusive environments that we can support diversity and inclusion and play a vital role in raising awareness to demonstrate solidarity. The celebration of IDAHOBIT portrays an ongoing commitment to creating a world free from prejudice and discrimination.



1

Create an open and safe space

Make sure your child feels comfortable discussing sensitive topics with you. Emphasise that you are there to listen, answer questions and provide support.

Learn together

Take the opportunity to learn about different gender identities and sexual orientations together. Read books, watch documentaries, or explore online resources that can help you both gain a better understanding.

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Ensure your discussion is age-appropriate

Tailor your conversations to your child's age and level of understanding. Younger children may need simpler explanations, while teenagers can engage in more in-depth discussions.



Celebrate diversity

Highlight the contributions and achievements of LGBTQIA+ individuals throughout history and in contemporary society. Show your child that these individuals have made, and continue to make, positive impacts on the world.

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Normalise pronoun use

Teach your child about the importance of using the correct pronouns when referring to others. Emphasise that respecting someone's pronouns is a basic form of respect.

Be a good listener

Encourage your child to express their thoughts and feelings, and listen attentively without judgement. This will help them feel valued and heard.

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Lead by example

Demonstrate acceptance and inclusivity in your own actions and words. Show your child what it means to be an ally and supporter of LGBTQIA+ rights.



Acknowledge their concerns

Validate your child's feelings and overall sentiment. Let them know that it's normal to have questions and that they can always come to you for guidance and support.

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